

# School Dance Styles

Ecole de Danse

## Sweet Ireland

Count: 64 Wall: 4 Level: Easy Intermediate  
Choreographer: Gary O'Reilly (IRE) - March 2022  
Music: Sweet Ireland - Green Lads

#32 count intro from heavy beat

### Section 1: CROSS, HOLD, & CROSSING SHUFFLE, SIDE ROCK, BEHIND SIDE CROSS & HOLD (2)

1 2 Cross/stomp R over L (1),  
&3&4 Step L slightly to L side (&), cross R over L (3), step L next to R (&), cross R over L (4)  
*\*danced more on the spot rather than travelling*  
5 6 Rock L to L side (5), recover on R (6)  
7&8& Cross L behind R (7), step R to R side (&), cross L over R (8), step R to R side (&)

### Section 2: CROSS, HOLD, & CROSSING SHUFFLE, SIDE ROCK, BEHIND SIDE FWD

1 2 Cross/stomp L over R (1), HOLD (2)  
&3&4 Step R slightly to R side (&), cross L over R (3), step R next to L (&), cross L over R (4)  
*\*danced more on the spot rather than travelling*  
5 6 Rock R to R side (5), recover on L (6)  
7 & 8 Cross R behind L (7), step L to L side (&), step forward on R (8)

### Section 3: FWD ROCK, TRIPLE FULL TURN, FWD ROCK, ½ WALK, WALK

1 2 Rock forward on L (1), recover on R (2)  
3 & 4 ½ L stepping forward on L (3), ½ L stepping R next to L (&),  
step L in place next to R (4) (12:00)  
5 6 Rock forward on R (5), recover on L (6)  
7 8 ½ turn R walk forward on R (7), walk forward on L (8) (6:00)

### Section 4: OUT, OUT, WALK BACK, ROCK BACK, PIVOT 1/4 , CROSSING SHUFFLE

& 1 2 Step out on R (&), step out on L (1), walk back on R (2)  
3 4 Rock back on L (3), recover on R (4)  
5 6 Step forward on L (5), pivot ¼ turn R (6) (9:00)  
7 & 8 Cross L over R (7), step R next to L (&), cross L over R (8)

### Section 5: POINT, HOLD, & HEEL & HEEL & POINT, HOLD, & HEEL & HEEL

1 2 Point R out to R side (1), HOLD (2)  
&3&4 Step R next to L (&), tap L heel forward (3), step L next to R (&),  
tap R heel forward (4)  
& 5 6 Step R next to L (&), point L out to L side (5), HOLD (6)  
&7&8 Step L next to R (&), tap R heel forward (7), step R next to L (&),  
tap L heel forward (8)

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## **Section 6: & ROCK FWD, SHUFFLE ½ R, PIVOT ¼ R, CROSSING SHUFFLE**

& 1 2 Step L next to R (&), rock forward on R (1), recover on L (2)  
3 & 4 ¼ turn R stepping R to R side (3), step L next to R (&),  
¼ turn R stepping forward on R (4) (3:00)  
5 6 Step forward on L (5), pivot ¼ turn R (6) (6:00)  
7 & 8 Cross L over R (7), step R next to L (&), cross L over R (8)

## **Section 7: POINT, HOLD, & HEEL & HEEL & POINT, HOLD, & HEEL & HEEL**

1 2 Point R out to R side (1), HOLD (2) \*SLOW DOWN (During Wall 3)  
&3&4 Step R next to L (&), tap L heel forward (3), step L next to R (&),  
tap R heel forward (4)  
& 5 6 Step R next to L (&), point L out to L side (5), HOLD (6)  
&7&8 Step L next to R (&), tap R heel forward (7), step R next to L (&),  
tap L heel forward (8)

## **Section 8: & ROCK FWD, SHUFFLE ½ R, PIVOT ¼ R, CROSS, SIDE ROCK**

& 1 2 Step L next to R (&), rock forward on R (1), recover on L (2)  
3 & 4 ¼ turn R stepping R to R side (3), step L next to R (&),  
¼ turn R stepping forward on R (4) (12:00)  
5 6 7 Step forward on L (5), pivot ¼ turn R (6), cross L over R (7) (3:00)  
8 & Rock R to R side (8), recover on L (&) \*\*TAG (End of Wall 3)

### **\*Slow Down:**

During Section (7) & (8) of Wall 3 the music slows down and fades slightly, keep dancing in time with the music to complete Wall 3. (practice makes perfect)

### **\*\*TAG:**

At the end of wall 3 (facing 9:00), add the following 8 count tag to finish facing (6:00)

### **ROCKING CHAIR, WALK, WALK, WALK, WALK**

1 2 Rock forward R (1), recover on L (2) (7:30)  
3 4 Rock back on R (3), recover on L (4) (7:30)

### **\*counts (1-4) are danced on a slight diagonal L towards (7:30)**

5 6 ¼ turn R walk forward on R (5), ¼ turn R walk forward on L (6) (1:30)  
7 8 ¼ turn R walk forward on R (7), 1/8 turn R walk forward on L (8) (6:00) \*counts 5-6  
create a semi-circular walk around R

**ENDING:** Dance ends facing (12:00): Cross/Stomp R over L to finish.

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